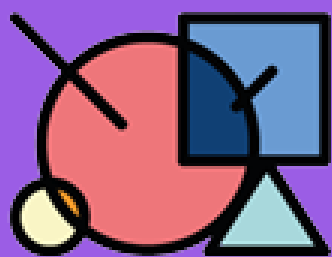




MICRO TASKS



S4B

Note to user: After familiarizing with each video pill, the user will be provided with the opportunity to perform several tasks/activities/games in order to practice and further develop the respective skill.

Innovation

Innovative perspectives

MICRO TASK NUMBER: 2

01 What are the objectives of the task?



The "Innovative Perspectives" micro-task is designed to develop your innovative thinking by exploring diverse perspectives and applying them to your own work. Embrace the process of learning from different fields and industries, and let the exchange of ideas fuel your creative thinking and innovation journey. Through regular practice and exposure to new challenges, you will strengthen your problem-solving abilities and become a more adaptable and innovative thinker.

02 What will teachers learn?



What you will learn:

- The value of cross-disciplinary learning and its role in fostering innovative ideas.
- Techniques for incorporating insights from various industries or domains into your own work.



- How to challenge assumptions and break away from conventional thinking patterns.

Benefits:

- Enriched creativity and problem-solving skills through exposure to diverse viewpoints.
- Enhanced ability to connect seemingly unrelated concepts and generate unique solutions.
- Strengthened adaptability and openness to change in the pursuit of innovation.

03 Tasks and procedure



Instructions:

1. Explore cross-disciplinary content:

- Regularly read articles, watch videos, or listen to podcasts from various fields of interest.
- Choose content that challenges your current beliefs and introduces you to unfamiliar concepts.

2. Extract key insights:

- Take notes and highlight interesting concepts, approaches, or ideas from the content.
- Reflect on how these insights align or contrast with your current knowledge and practices.

3. Connect concepts:

- Find connections between the insights from different fields and explore how they might apply to your own work or challenges.
- Consider how combining diverse ideas can lead to innovative solutions.

4. Brainstorm applications:

- Engage in idea generation sessions to explore innovative ways to integrate cross-disciplinary insights into your projects.
- Think beyond the obvious applications and embrace unconventional approaches.



5. Test and iterate:

- Implement the most promising ideas and continuously iterate based on feedback and results.
- Embrace a mindset of experimentation and refinement in your pursuit of innovative solutions.

6. Innovation journal:

- Start an innovation journal where you record insights and ideas from your cross-disciplinary explorations.
- Use this journal as a source of inspiration and revisit it whenever you seek fresh perspectives on your work.

7. Collaborative discussions:

- Engage in discussions with peers or mentors from different fields to gain diverse insights.
- Share your ideas and challenges, and seek feedback and suggestions from others.

8. Embrace failure and learning:

- Embrace the possibility of failure and view it as an opportunity for learning and growth.
- Be open to adjusting your approach and trying again with a fresh perspective.

9. Celebrate uniqueness:

- Embrace the uniqueness of your perspective and experiences, recognizing that diversity contributes to innovation.
- Encourage others to share their insights and ideas freely, promoting a culture of open exchange.

10. Reflect and adapt:

- Regularly reflect on your progress and identify areas where you can further enhance your innovative thinking.
- Stay adaptable and open to new perspectives, always seeking opportunities to expand your knowledge.

Here are some examples to illustrate the concept of the micro-task:

Example 1: Cross-disciplinary reading challenge

1. Create a list of books covering different genres and fields, such as technology, psychology, science fiction, self-help, etc.



2. Set a goal to read one book from the list each month or within a suitable timeframe that works for you.
3. As you read each book, take notes on the insights, concepts, and innovative ideas presented.
4. Reflect on how the ideas from each book could apply to your personal or professional projects and challenges.
5. Brainstorm innovative ways to integrate the lessons and insights from the books into your own endeavors.
6. Consider keeping a reading journal or digital notes to record your reflections, connections, and creative ideas.
7. Challenge yourself to think beyond conventional solutions and explore unique approaches based on your reading experiences.

Example 2: Innovative documentary series

1. Curate a list of documentaries covering diverse topics, such as science, art, social issues, etc.
2. Watch one documentary per week, taking notes on the innovative ideas and approaches presented.
3. Discuss the documentaries with friends or colleagues, sharing your reflections and takeaways.
4. Explore how the concepts and solutions presented in the documentaries could be applied in different contexts.
5. Use the lessons learned from the documentaries to inspire your own innovative thinking and problem-solving.